



# The missing link

## *A Core Energetics Workshop*

### *For alone-born twins and multiples*

*(Follow-up, first introduction, or an open exploration  
to discover whether this topic resonates)*

**2026, June 5, 6 & 7 Cordium, Nijmegen, Netherlands**

Do you resonate with feelings like a deep sense of emptiness, an undefined feeling of missing, difficulty with attachment, a longing to merge, a pull toward the spiritual, or a deep loneliness and unrecognized grief. Do you feel you unconsciously search for something—or someone—to feel whole again. A connection you sense must exist, yet seems hard to find.

Maybe you ever discovered—or perhaps heard—that you may have been part of a twin pregnancy? This can happen very early in the womb. If you lost a twin brother or sister at that stage, you may not consciously remember it, yet your body and emotional world can carry its imprint.

This workshop is a healing journey for those who know this happened to them and also for those who resonate with the symptoms and are curious to learn more.

Starting life with such a loss can create a wound that often remains unseen. Today, this is increasingly recognized as pre- or perinatal trauma. Research is still emerging, and understanding of its impact continues to grow.

In this workshop, we will work with the cellular and physical memory. Through body awareness, emotional work, and connection, we create space to feel and acknowledge. There is room to grieve, to accept the pain, and also to reconnect with the unique bond that was (or might have been) there.

We will explore how to gently let go, and how to open to connection in a new way—allowing a deeper sense of wholeness to emerge.

In this workshop, we come together around an experience that was once lived in isolation. Being seen and received in this place can be profoundly healing. You may encounter layers of yourself you have not felt so deeply before, gain insight into your relational patterns, and begin to shift painful or limiting beliefs at a fundamental level.

Having lost your first connection—and having survived—can sometimes carry feelings of guilt or distrust. We invite you on a journey from “no” to “yes” to yourself and to life.

You were not alone. You are not alone. Together, we create a field of love, understanding, and acceptance—for ourselves, for each other, and for those who were lost.

We, Evelien Bus and Meis Thewissen, are both experts by experience. We are body-oriented (psycho)therapists, trainers and teachers. Based on our knowledge and experience, we would like to invite you to embark on a three-day journey to find the answers in your body that your head keeps asking you.

**Dates and times:**

Friday, June 5. working hours: 2 p.m.- 9:30 p.m. (dinner included)

Saturday, June 6, working hours: 10.00 a.m.- 5:00 p.m. (lunch and dinner included)

Sunday, June 7, working hours: 10.00 a.m.- 4 pm (lunch included)

**Costs:** € 595,- including 2 lunches and 2 dinners, coffee and tea and snacks. Student price: € 545. Dietary requirements are considered. The venue (Cordium) offers simple possibilities to stay overnight.

**Register** at this e-mail: [info@evelienbus.nl](mailto:info@evelienbus.nl).

We heartly invite you to join us for your journey to come home in your body. Please reach out if you have any questions.



**Evelien Bus**



**Meis Thewissen**