

# The missing link

## *Core Energetics Workshop for alone born twins and multiples*

**14-15-16 February 2025, Cordium, Nijmegen, Netherlands**

Can you ever really know for sure? Mentally? No. From memory? No. But your body knows. You started life with two or more others in the womb. Not that you know, but you felt it. Another heartbeat, another body being formed, energy, connection, all next to you. And then all of sudden it went away, gone. Forever.

You made it alive. They didn't. A deep loss where life began. A loss that you carried into your life. You notice how you unconsciously search for something, somebody, you want to feel whole again. That deep connection that life doesn't seem to offer, but you are convinced it must exist.

You have started life with a loss. This is a wound and it is often not recognized at all. We call it today a pre- or perinatal trauma. Research just started and knowledge is growing of the effects of the trauma.

In this workshop we will work with the cellular and physical memory, to feel, connect and acknowledge this very early wound. To grieve, accept the pain and also to enjoy that unique connection. To also let go, to make space for a reconnection in a different way, becoming whole again. You were not alone. You are not alone.



We, Evelien Bus and Meis Thewissen, are both experts by experience. We are body-oriented (psycho)therapists, trainers and teachers. Based on our knowledge and experience, we would like to invite you to embark on a three-day journey to find the answers in your body that your head keeps asking you.

Starts: Friday, February 14, 10 a.m. Ends: Sunday, February 16, 5 p.m.

Costs: € 595 including 3 lunches, 2 dinners (Friday and Saturday), coffee and tea and friandises. Students pay € 545. (The food will be vegetarian. Dietary requirements are taken into account.). The venue (Cordium) offers simple possibilities to stay overnight.

Register at this E-mail: [info@evelienbus.nl](mailto:info@evelienbus.nl).

We heartily invite you to join us for your journey to come home in your body. Please reach out if you have any questions.



**Evelien Bus**



**Meis Thewissen**